Hello! Leslie Pertz a therapist in Ann Arbor, certified in EMDR, and an approved consultant, also a certified interpreter for over 20 years, 15 certified NIC, my parents are hearing.

I freelanced in medical, mental health, and university settings for many years before deciding to go to graduate school for social work. Then I worked at UMHS for 10 years and helped to establish the Deaf Health Clinic with Drs. McKee and Zazove. I decided at the end of 2021 to go into private practice full time. I do mostly telehealth sessions.

I learned EMDR in 2016 after having a meaningful experience with EMDR myself. I then worked up through certification and now to approved consultant. I would like to train in the future, but I am not there yet. I do assist in basic trainings several times a year and with several advanced topic trainings.

As a therapist I now specialize perinatal mental health, birth trauma and pregnancy and infant loss, I find that work really powerful with EMDR. I have used EMDR with Deaf clients almost the entire time since I’ve been trained so I have a lot of experience in using with all types of client issues.

If you ever have questions, feel free to contact me. You can email or text, and if needed we can set up a time for 1:1 consultation, I am happy to work with you to find a reasonable rate, please don’t hesitate to ask I will help.